

Know Your Nak we ni ye tah* Know Your Breast Cancer Risk

*Story in Creek



What does it mean if I am told I am at high-risk for breast cancer?

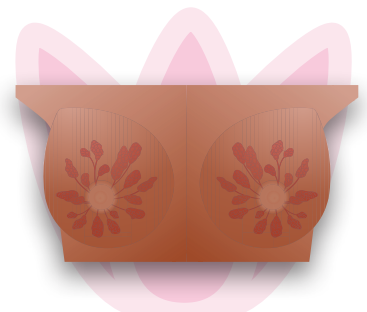
You may be more likely to develop breast cancer due to certain factors such as:



Genetics



Family History



Dense Breast Tissue

Here are some questions you can ask your doctor about your risk:

- 🌸 Can you explain what makes me high risk for breast cancer?
- 🌸 Should I start screening earlier or more frequently than others?
- 🌸 What type of screening is best for me? E.g., (mammogram, MRI, ultrasound)
- 🌸 What are signs and symptoms I should watch for?
- 🌸 Are there support groups or resources available for individuals at high risk?



Learn more!

learn about your specific risk factors

It's important to talk with your doctor about your risk and getting screened for breast cancer.



American Indian
Cancer Foundation.

**Know your risk, stay informed, and get screened,
because reclaiming Indigenous health starts with us.**

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