

Heart Disease Among Indigenous Communities

Overall Native people live about 11 years less compared to the national average (65 years old versus 76).

Both heart disease and cancer are in the top causes of death for Native people. Heart disease and cancer share many of the same behavioral risks that can be changed by practicing Indigenous lifeways.

Preventing cancer is preventing heart disease and other chronic illnesses.

We can reclaim Indigenous health outcomes by healing with culture!



American Indian
Cancer Foundation®