

PROTECT OUR FUTURE

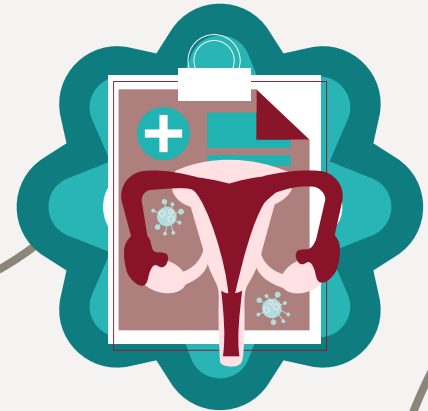
Empower, Educate, and Prevent Cervical Cancer

Know your family history & TALK about it!

Connecting with our family is one of the most powerful ways to strengthen and protect our well being.

Get screened regularly for cervical cancer.

Talk to your doctor about how often you should get screened and what type of screening is right for you.



HPV vaccination in children and young adults can help protect against cervical cancer.

Start the conversation with our youth early to honor our bodies and prevent cancer.

What is HPV? HPV is short for Human Papillomavirus and is a very common virus. Some types of the virus may cause cancer. You can safely and effectively protect your body against these types by receiving the HPV vaccine.

Practice safe sex!

Practicing safe sex protects our bodies by reducing the risk of HPV and other diseases, including preventable cancers like cervical, anal, and oropharyngeal.

Embrace the cultural teachings from our traditional plants and medicine.

Use them as a source of strength to avoid the harms of commercial tobacco while fostering wellness and connection to our ancestral traditions.

Reclaim Indigenous health by drawing strength from our community, cultural traditions, and wellness practices to protect against cancer.



American Indian
Cancer Foundation.