



Policies, Systems and Environmental (PSE) Change Strategies and Impacts

PSE Strategy	Description	Impact
Policy	Limit point of sale of commercial tobacco products in tribal communities	Decreases in smoking rates and second hand smoke exposure among American Indians in tribal communities.
Policy	Prohibit harmful use of commercial tobacco products at ceremonies, events and gatherings	Decreases in smoking rates and second hand smoke exposure among American Indians in tribal communities.
Policy	Provide discounts or other incentives to foods vendors providing healthier options at community events	Decreases in excess morbidity and mortality related to obesity and unhealthy weight among American Indians in tribal communities.
System	Initiate fruit and vegetable prescription program with vouchers redeemable at stores and local farmers markets	Decreases in excess morbidity and mortality related to obesity and unhealthy weight among American Indians in tribal communities.
System	Systematically address commercial tobacco use at all clinic visits and offer assistance for cessation	Decreases in smoking rates and decreases in excess morbidity and mortality related to commercial tobacco use among American Indians in tribal communities.
Environmental	Improve the built infrastructure (walking paths, biking paths, safe recreational spaces)	Decreases in excess morbidity and mortality related to obesity and lack of physical activity among American Indians in tribal communities.
Environmental	Limit community and working spaces where smoking cigarettes is allowable, 50 foot non-smoking area around tribal buildings, smoke-free recreational spaces	Decreases in smoking rates and second hand smoke exposure among American Indians in tribal communities.