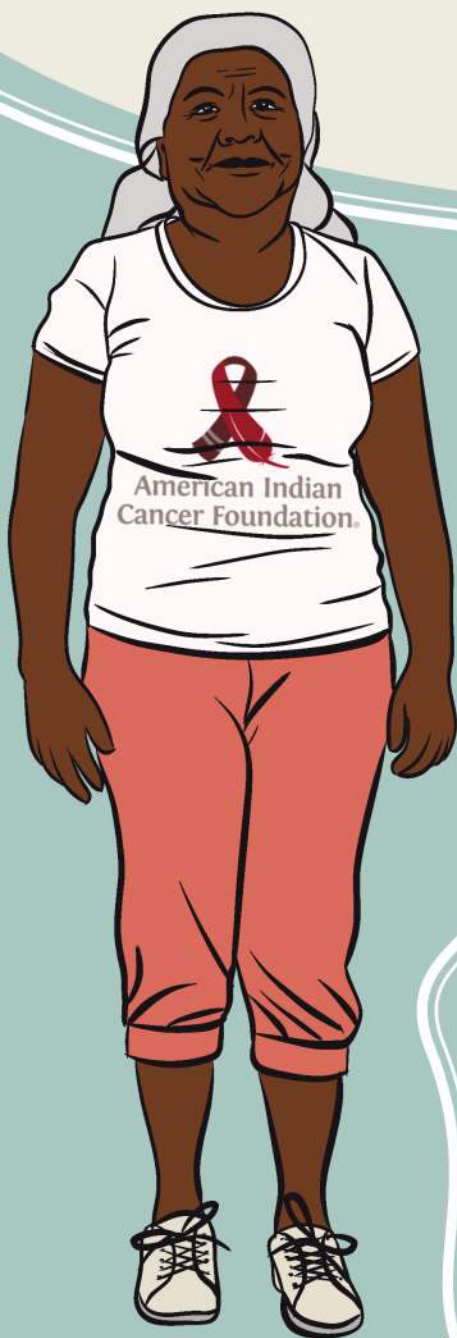


Women's Screenings and Vaccinations by Age

Women Over 65



BREAST

It is recommended that women ages 50-74 receive a mammogram every other year. Current evidence cannot say whether women aged 75 or older should get mammograms. Women may choose to have yearly mammograms up to the age of 74, depending on their insurance coverage. This is an individual choice and should be discussed with your health care provider. Women should be familiar with how their breasts normally look and feel and should report any changes to a health care provider right away.

CERVICAL

Screening is not recommended for women older than 65 who have had adequate screening and are not at high risk for cervical cancer. There are exit criteria for individuals who are 65 and older. It is important to discuss screening options with your health care provider.

LUNG

It is recommended to have an annual screening in adults ages 50 to 80 who have a 20 pack-year smoking history (a pack-year is a number of packs of cigarettes a person smoked per day multiplied by the number of years the person smoked, 1 pack/day*1 year = 1 pack-year) and currently smoke or have quit within the past 15 years. Screening should be discontinued once a person has not smoked for 15 years or develops a health problem that limits their life expectancy or the ability or willingness to have curative lung surgery.

COLORECTAL

Colorectal screening is recommended in all adults ages 50 to 75. Talk to your health provider about screening if you are ages 76 to 85.

HPV

No vaccine recommended.

HEP-B

The Hepatitis B vaccine protects infants, children, and adults from Hepatitis B. Talk to your health care provider.

If there is a family history of any of these cancers, you could be at a higher risk for cancer. Talk to your health care provider about the best screening options for you.



The recommendations come from the Advisory Committee on Immunization Practices, the United States Preventative Task Force, and the American Cancer Society.



Visit AICAF.org or use our QR code