

American Indian Cancer Foundation's

# #SacredBreathMonth November 2023

National Lung Cancer Awareness Month



Join the American Indian Cancer Foundation along with health and wellness experts across Indian Country in celebrating Sacred Breath Month! Throughout November, we will highlight ways to promote lung health, keep tobacco sacred, and heal with cessation.

Be part of AICAF's virtual gatherings this month! If you'd like to know more, please contact us at [prevention@aicaf.org](mailto:prevention@aicaf.org).

## WEBINAR

### BREATH OF LIFE: COMMENCING SACRED BREATH MONTH WITH A GUIDED MEDITATION SESSION

Friday, November 3, 2023 at  
10 AM CST (1 HR)

SCAN THE QR CODE  
TO REGISTER!



## WEBINAR

### HONORING THE SACRED BREATH: CULMINATING WEBINAR FOR LUNG CANCER AWARENESS MONTH WITH HONOR SONG

Monday, November 27, 2023 at  
10 AM CST (1 HR)

SCAN THE QR CODE  
TO REGISTER!



To learn more about Sacred Breath, visit  
[www.AmericanIndianCancer.org](http://www.AmericanIndianCancer.org)



American Indian  
Cancer Foundation.