According to the American Cancer I Facts and Figures report, colorectal cancer (CRC) is the third most commonly diagnosed cancer among all American Indian and Alaska Native (AI/AN) men and women. Routine colorectal cancer screening can help prevent or detect colorectal cancer in earlier stages. Finding colorectal cancer in earlier stages can provide you with more treatment options or favorable health outcomes.

Average-risk (no family history or conditions that increase the likelihood of developing CRC) people may begin FIT test screening beginning at 45. A FIT test will need to be completed every year. People with a family history of CRC or any condition that increases the likelihood of developing CRC should talk with their healthcare providers to discuss the screening option right for them.

For more information visit: AICAF.org