



# Women's Screenings and Vaccinations by Age

Women 21-29



## BREAST

••• No screening is recommended, but if you are having symptoms, discuss these with your health care provider. Women should be familiar with how their breasts normally look and feel and should report any changes to a health care provider right away.

## CERVICAL

••• It is recommended that women ages 21 to 65 receive a Pap test every 3 years. It is also recommended that a woman receives screening every 5 years for HPV or every 5 years with HPV combined with a Pap test.

## LUNG

••• No screening is recommended, but if you are having symptoms, discuss these with your health care provider.

## COLORECTAL

••• No screening is recommended, but if you are having symptoms, discuss these with your health care provider.

## HPV

••• HPV vaccination is recommended for all people ages 13 to 26 who haven't been vaccinated or who have not completed the vaccination series. The HPV vaccine is recommended for some adults ages 27 to 45 who are not adequately vaccinated. The vaccine should be given before exposure to HPV through sexual contact.

## HEP-B

••• The Hepatitis B vaccine protects infants, children, and adults from Hepatitis B. Talk to your health care provider.

*The recommendations come from the Advisory Committee on Immunization Practices, the United States Preventative Task Force, and the American Cancer Society.*



Visit [AICAF.org](http://AICAF.org) or use our QR code

If there is a family history of any of these cancers, you could be at a higher risk for cancer. Talk to your health care provider about the best screening options for you.

